Postsecondary Transition Skills Mapping Tool

Domain Area: Self-advocacy	Pre-K	K-5	6-8	9-12+
	Pointing to show or request Verbal requesting Saying "No" to refuse Expressing preferences	Making choices Knows name, address, phone number Communicating wants and needs Awareness of own disability Asking for help	Knowing when to ask for help when needed Declining assistance when appropriate Describing own strengths and support needs Explaining own disability Describing own interests and preferences Actively participating in IEP	Advocating for own needs Incorporating own strengths in decision making Discussing own disability Communicating & using accommodations Leading own IEP and postsecondary transition planning
Domain Area: Social Interactions	**Pre-K**	**K-5**	**6-8**	**9-12+**
	Participating in conversations Responding to questions Sharing items of interest Turn-taking with peers Initiating basic pretend play Playing alongside peers	Showing empathy and perspective taking Remaining quiet when others are talking Using basic manners Asking questions to show interest in others Playing cooperatively with peers Incorporating others' ideas into play	Understanding social cues when joining a group Introducing oneself in new situations Respecting others' space and property Responding to specific topics without getting off track; waiting to interject in a conversation Maintaining appropriate proximity in a conversation Politely refusing ("no thanks") among peers	Demonstrating personal vs professional communication Navigating social media responsibly Using text messaging appropriately Receiving feedback without getting upset Using supporting comments to remain engaged in conversations Engaging in appropriate non-verbal communication

Domain Area: Time Management/Organization	Pre-K	K-5	6-8	9-12+
	Following simple routines & schedules Sorting objects Putting away toys/materials Recognizing different activities for different days of the week Verbally articulating what day it is	Staying on task to complete an assignment/activity Turning assignments in on time Telling time Setting simple goals Keeping track of events on a calendar Following a classroom schedule	Using graphic organizers Using spellcheck Following a daily schedule independently Organizing school materials in backpacks/desk Using a planner and/or Learning Management System to track assignments & activities Arriving to class on time	Using an online calendar for scheduling Using time management reminders (phone/Apps) Using task lists Prioritizing tasks
Domain Area: Problem-Solving	**Pre-K**	**K-5**	**6-8**	**9-12+**
	Matching and sorting Using trial and error to solve a problem Persisting in solving problems in areas of interest Using adults as a resource Following basic instructions	Identifying a problem and possible solutions Coming up with novel solutions to a problem Asking questions to seek understanding	Applying critical thinking and problem solving Identifying resources to solve problems Exploring/evaluating multiple options Carrying out solutions by negotiating or compromising Seeking assistance from adults	Managing mistakes and learning from them Understanding natural consequences Using persistence and grit when approaching hard tasks Reading/using directions

Domain Area: Emotional Regulation	Pre-K	K-5	6-8	9-12+
	Self-soothing with small emotional disturbances Checking in with a trusted adult when hurt/scared Imitating soothing talk of adults Acting out big emotions in pretend play Naming and identifying basic emotions	Verbally stating how they are feeling Recognizing and verbalizing the causes of emotions Acting out emotions differently based on setting Understanding basic behavior expectations in a public setting	Using acceptable ways to express anger or frustration Using strategies to help handle changes Using strategies to monitor behavior Asking for help without getting upset Using basic mindfulness strategies to manage stress	Applying coping strategies for stress Understanding the consequences of one's behavior/choices Regulating emotions in a variety of settings
Domain Area: Adult Living Skills	**Pre-K**	**K-5**	**6-8**	**9-12+**
	Using toilet appropriately Dressing self independently Helping set silverware on the table for meals Helping clean up own toys	Dressing self appropriately for the setting Completing basic chores Attending to basic hygiene independently Making a simple snack Clearing table after a meal	Setting and the following morning wake-up alarm Charging electronic devices Identifying money and paying for items independently Choosing food and clothing Dressing appropriately for a variety of settings	Making and packing own lunch Ordering food independently Using a debit/credit card Managing a weekly/monthly budget Making and keeping appointments Making a shopping list Shopping for items independently

Domain Area: Safety and Wellness	Pre-K	K-5	6-8	9-12+
	Holding an adult's hand / staying near an adult in public Understanding stranger danger Identifying own emotions Understanding the dangers of hot and cold	Responding to fire alarms Crossing streets safely Washing hands when appropriate Differentiating healthy food options Knowing home address and phone number	Implementing a plan in stranger danger situations Knowing how and when to call 911 Knowing own medications Having an emergency contact in wallet/purse/phone Describing/following safety plan for emergencies Articulating online safety concerns	Understanding healthy relationships Understanding consent in relationships Knowing who to go to for help Knowing how to refill medications Knowing how to maintain health and wellness
Domain Area: Community Navigation	**Pre-K**	**K-5**	**6-8**	**9-12+**
	Identifying familiar landmarks in the local community Identifying community helpers Recognizing and identifying own house	Following community signs Demonstrating safety around traffic Navigating local areas-school, park, neighborhood Identifying familiar driving routes Reciting home address	Crossing streets safely and independently Engaging in community clubs & activities Researching places of interest, accessing directions Minimizing cell phone use and other distractions while out in the community	Using public transportation/paratransit Using on-demand ride services Navigating campus independently Identifying a safe person in the community to ask for help

Domain Area: Career Development	Pre-K	K-5	6-8	9-12+
	Pretend playing with different roles Identifying a dream job Understanding that adults have different careers	Performing jobs in the classroom Thinking/imagining the future Recognizing own strengths Identifying interests/hobbies Identifying reasons why people work	Following a chore list at home Volunteering in the community Completing interest/aptitude assessment Participating in a job shadow Identifying multiple career areas of interest	Sending and responding to workplace emails Answering interview questions Participating in an internship or paid work Using/completing a timecard Creating a resume
Domain Area: Technology Skills	**Pre-K**	**K-5**	**6-8**	**9-12+**
	Identifying various digital devices Understanding basic technology terminology Using devices for play and learning	Identifying ways to be safe online; Using digital media as a communication tool for classroom activities; Learning basic typing skills; Remembering frequently used passwords	Creating presentations (slides, video audio) Send and receive emails Using adaptive software Texting appropriately and responsibly Using the Internet to research information Using a screen reader/magnification software on devices (academic and personal)	Labeling and saving electronic documents Using a Learning Management System (LMS) platform Setting alarms on devices Navigating websites Understanding the difference between reliable and unreliable information on the Internet

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