Unlocking Potential: Promoting Strengths and Inspiring Success

2016-17 National Community of Practice (COP) Webinar Series

Youth Development and Youth Leadershi

April 26, 2017

The PowerPoint and handouts for today's webinar can be downloaded from www.pattan.net under the training calendar tab for today's date.

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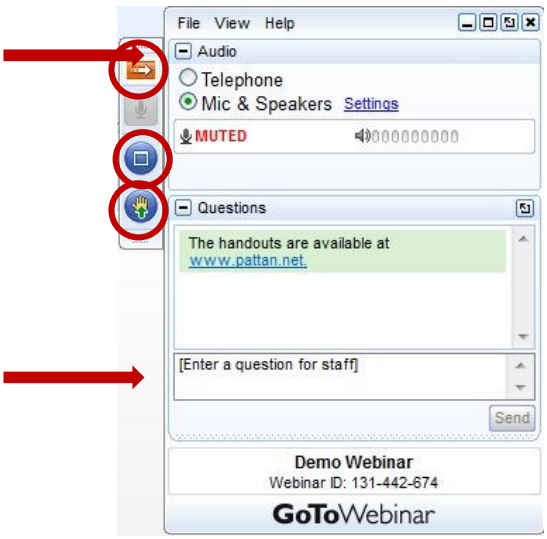

Tech Support

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- Join by Phone
- Reboot
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National Community of Practice on Secondary Transition

The National Community of Practice on Secondary Transition is a group of various stakeholders from states and organizations across the United States who work collaboratively to ensure appropriate transition outcomes for youth and young adults with disabilities.

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Agenda

- Overview of Youth Development and Youth Leadership
- Additional Thoughts and Take a Ways
- Outline of Youth Development and Youth Leadership Activities, Projects, and Resources from a state's perspective:
  - Pennsylvania
  - Virginia
  - Wisconsin

Overview of Youth Development and Youth Leadership

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The George Washington University
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Youth Engagement Continuum

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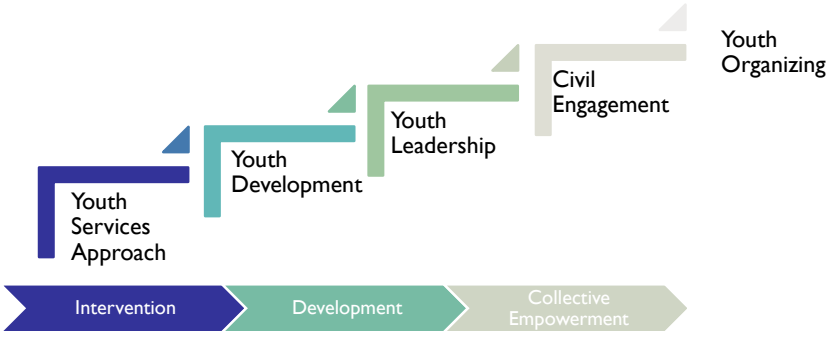
Youth Engagement Continuum



Core Principles for Engaging Young People in Community Change, Forum for Youth Investment, http://www.forumfyi.org/files/FINALYouth_Engagment_8.15pdf.pdf

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Youth Services Approach

- Service delivery model
- Our traditional approach
- Lowest level of youth engagement
- Often "handling kids"
- Systems often get stuck here!

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Youth Services Approach

Youth Services Approach

Defines young people as clients

Provides services to address individual problems and pathologies of young people

Programming defined around treatment and prevention

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Youth Development

- **Youth Development** is a process that prepares young people to meet the challenges of adolescence and adulthood through a coordinated, progressive series of activities and experiences which help them gain skills and competencies.

•*National Collaborative on Workforce and Disability*

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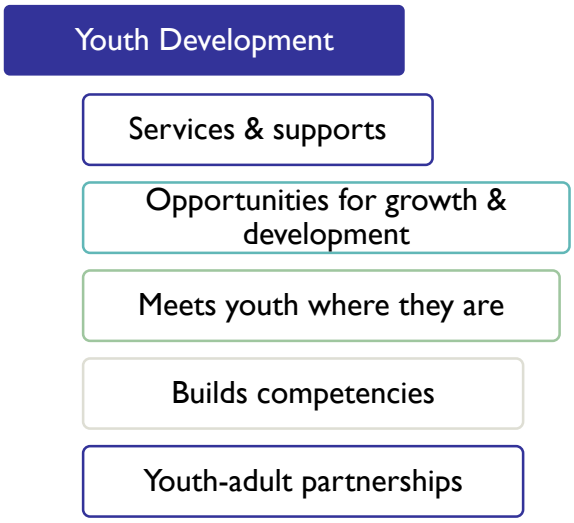
Youth Development



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Youth Development Process

A coordinated, progressive series of activities and experiences which help them to become socially, morally, emotionally, physically, and cognitively competent.

Components of effective youth development programs:

- Decision-making
- Interaction with peers
- Acquiring a sense of belonging
- Experimenting with their own identity
- Relationships to others
- Participating in the creative arts, physical activity, and health education
- Strength-based approach

Youth Leadership

- **Youth Leadership** is part of that process. To control and direct their own lives based on informed decisions, youth development/leadership needs to be included as core components of transition programming for all youth, including youth with disabilities.

- *National Collaborative on Workforce & Disability*

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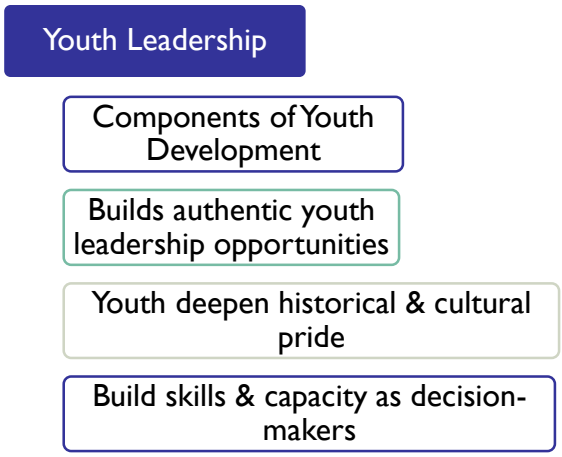
Youth Leadership



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Principles of Effective Youth Leadership Programs

- Real life / authentic experiences
- Relevancy and tailoring to needs and specific contexts
- The right level of challenge and risk
- Safe spaces and support
- Role models
- Reflection
- The history, values, and beliefs of communities
- Leadership styles
- Awareness, understanding and tolerance of other people
- Experiential learning and opportunities
- Service to others

Woyach, 1996

- (Nurturing Youth Leadership In The Global South: A Mapping Of Strategies, Approaches, Challenges And Opportunities, n.d.).

Additional Thoughts and Take a Ways

When are youth most engaged when…

- They feel like they are being listened to
- Making their own decisions
- When they are being respected
- Part of the conversation
- Not being judged
- Asked their opinions
- Involved in the planning process
- Spoken to in an age appropriate manner

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What are the challenges to youth engagement?

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Misconceptions Regarding Youth

- What are the general stereotypes about young people?
- Why are young people left out of decisions that may directly affect them?
- What are your perceived barriers in your role to meaningfully engaging youth?

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System Limitations and/or Logistics

Scheduling	Often youth are not available at the same time as adults for board meetings, conference calls or other leadership activities. Due to the fact that most adults in leadership roles work during the same time that youth are at school or at work, it often takes creative scheduling to meaningfully include youth.
Transportation	Due to a youth's age and/or the way his or her disability might impair mobility, it is always important to consider the transportation needs associated with leadership activities.
Accommodations	Much like transportation, in order for a youth to participate in a leadership activity to the best of his or her ability, there may be a need to provide accommodations. The type of accommodations will depend entirely on the needs of the youth.

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Key Components of a Successful Youth Engagement Program

Key Components of a Successful Youth Engagement Program

- Youth-driven
- Needs-based
- Offers a safe, neutral atmosphere
- Engages parents, peers, teachers and others in the community
- Develops critical life skills, including work skills
- Provides up-to-date-information on issues critical to youth
- Develops social networking and language skills
- Provides opportunities for civic advocacy and service projects

Key Components of a Successful Youth Engagement Program

- Engages youth in design, implementation and evaluation
- Offers graduated levels of challenge
- Builds connections among youth across societal divides
- Provides opportunities for youth to take the lead
- Combines learning and social action with fun activities
- Builds skills and confidence

Key Components of a Successful Youth Engagement Program

- **Pursues partnerships with business, government, and community partners**
- **Works with public officials to create a positive enabling environment**
- **Provides both volunteer and paid opportunities for employment**
- **Raises the visibility of youth in the community and recognizes their contributions**
- **Builds social capital**

National Collaborative on Workforce and Disability
NCWD For Youth
Navigating the Road to Work
Making the Connection between Youth with Disabilities & Employment

NCWD/Youth

ODEP
Office of Disability Employment Policy

National Collaborative on Workforce and Disability for Youth (NCWD/Youth)

- Funded by Office of Disability Employment Policy (ODEP), U.S. Department of Labor
- National TA Center assists state & local workforce development systems to integrate youth with disabilities into their service strategies
- Partners: IEL; Institute on Community Integration, University of Minnesota; Boston University

Housed at the Institute for Educational Leadership (IEL)'s Center for Workforce Development

Key Websites:

http://www.ncwd-youth.info/
http://www.dol.gov/odep/

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Five Guidepost Areas

- School-Based Preparatory Experiences
- Career Preparation & Work-Based Learning Experiences
- Youth Development & Leadership
- Connecting Activities
- Family Involvement & Supports

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YD & YL Strategies

- **Mentoring: RAMP** combines weekly career prep group mentoring, peer-to-peer mentoring, one-on-one adult mentors
  - *Paving the Way to Work: A Guide to Career-focused Mentoring*, http://www.ncwd-youth.info/paving-the-way-to-work
- **Leadership Development: Alaska Department of Labor & Workforce Development's Youth in Transition Program**
  - Youth resource mapping was a key activity of the local pilot aimed at increasing inclusion, support & engagement of youth ages 14-24 with disabilities
  - Youth mapped data about businesses, organizations in their communities beyond traditional youth resources (e.g. employers who tend to hire youth)
- **Community Service: Able Trust Florida High School High Tech**
  - Youth engage in volunteer work experiences through Project Impact Initiative, partnership with Governor's Commission on Volunteerism and Community Service (Volunteer Florida). Youth are paired with AmeriCorps service members from Volunteer Florida to develop and carry out service projects. One site volunteers with the State Parks on environmental preservation projects including building bat habitats and turtle runs, another with a literacy project.

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Using the Guideposts

- In work with youth with disabilities and service practitioners use the Guideposts in developing any individualized plans such as:
  - Individualized Education Programs (IEPs),
  - Individualized Plans for Employment (IPE), and
  - Service strategies as required by the Workforce Investment Act.

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State Examples
Pennsylvania

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The Pennsylvania Youth Leadership Network

Everett Deibler - EverettDeibler@lvcil.org
Ali Hrasok - alihrasok@lvcil.org
Lehigh Valley Center For Independent Living (LVCIL)

PA's longstanding commitment

- Specifically we will speak about the PYLN
  - Our role → past PYLN presidents → now adult allies and staff
  - PYLN's history
    - Began with Bureau of Special Education
    - Adult allies and youth with disabilities
    - Promoted advocacy and self-empowerment
    - Have been able to sustain, grow, and evolve over past decade

Multiple state partners

- Bolster support of more inclusive youth leadership model
  - Department of Education
  - Office of Vocational Rehabilitation
  - Centers for Independent Living
  - Developmental Disabilities Council
  - University Center for Excellence in Developmental Disabilities
  - And more…

Most recently, Leadership Development in Schools Grant

- PADDC funded grant to LVCIL
  - Promotes leadership for all students in 3 main ways:
    - Statewide campaign
      - Annual I'm a Leader contest
      - Trainings and student assemblies
    - Resource database on imaleaderpa.org
      - PA Core standards aligned
      - Lesson plans, videos, worksheets, toolkits for 8 leadership skill areas
    - Support PYLN

The *new* PYLN

- Restructuring to:
  - Include youth and young adults *both* with and without disabilities
  - Encompass Affiliates from across PA
    - Established or new groups
    - Do work that somehow connects with leadership, advocacy, self-empowerment, and/or civic engagement
    - Youth-led, youth-driven
  - Form Governing Board of representatives that support Affiliates
    - Technical assistance
    - Facilitate communication and networking between Affiliates
    - Leadership summit

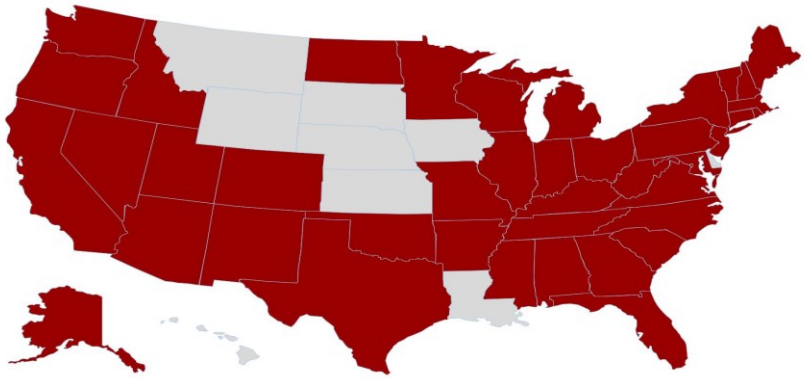
Youth M.O.V.E - PA

Zachary Karenchak
Pennsylvania System of Care Partnership
karenchakza@upmc.edu

YOUTH MOVE NATIONAL™

WE ARE CHANGE AGENTS "MOTIVATING OTHERS THROUGH VOICES OF EXPERIENCE"

Youth M.O.V.E. Chapter Network



www.youthmovenational.org

YOUTH MOVE NATIONAL™

WE ARE CHANGE AGENTS "MOTIVATING OTHERS THROUGH VOICES OF EXPERIENCE"

WHO WE ARE:

- YMN is a youth driven, chapter based organization dedicated to improving systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems including mental health, juvenile justice, education, and child welfare.

WHAT WE DO:

- Work as a diverse collective to unite the voices & causes of youth while raising awareness around youth issues. We advocate for youth rights & voice in mental health & the other systems that serve them, for the purpose of empowering youth to be equal partners in the process of change.

YOUTH MOVE NATIONAL™

WE ARE CHANGE AGENTS "MOTIVATING OTHERS THROUGH VOICES OF EXPERIENCE"

HOW WE DO IT:

- Create youth movement principles and policies
- Develop training tools & guides
- Unite voices and causes of youth
- Act as consultants to youth, providers, families and other adults
- Provide national youth leadership representing youth served by mental health & other youth-serving systems
- Coach others in the area of authentic youth engagement

YOUTH MOVE PA

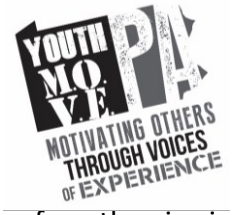
MOTIVATING OTHERS THROUGH VOICES OF EXPERIENCE

VISION:

- Our vision is for all youth & young adults across the Commonwealth of Pennsylvania to be active, respected and powerful forces of positive change in the delivery of social services and the design of Social & Public Policy

WHO WE ARE:

- Youth, young adults, youth organizations, youth allies & system advisors
- Agents of positive change
- United voices throughout PA to improve systems & services for youth & young adults experiencing life challenges

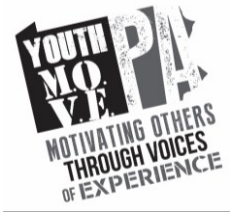


WHAT WE DO:

- Advocate for inclusion of youth voice in all levels decision making regarding our own care, social & public policy, & leadership

HOW WE DO IT:

- Convene youth leaders, organizations & key stakeholders to collaborate on issues that impact youth & young adults
- Educate the general public, leaders of child serving systems & county & state decision makers on youth culture & mental health
- Build partnerships that will create opportunities to advance our mission & vision
- Unify the voice of youth & young adults across the Commonwealth of PA



CURRENT UPDATES:

- Youth M.O.V.E. PA is in the process of the transitioning from the PA System of Care Partnership, to non-profit organization to allow for growth and independence of the organization.
- This process should be completed by June 30, 2017, and will allow for Youth M.O.V.E. PA to work with multiple grants and organizations around the state.

NEXT STEPS:

- Youth M.O.V.E. PA will be working with youth from across the state to be advocates for themselves and other youth, provide policy and program recommendations from a youth prospective, and other essential youth oriented activities.
- Youth M.O.V.E. PA will be reaching out to schools, counties, regions and existing groups to provide technical assistance and build new chapters over next 6-12 months.

State Examples
Virginia

Marianne Moore
Office of Special Education Program Improvement
Division of Special Education and Student Services
Virginia Department of Education
Marianne.Moore@doe.virginia.gov

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WELCOME

VIRGINIA DEPARTMENT OF EDUCATION

Youth Development
Self-Determined Leaders
State , Regional, Local, and Individual

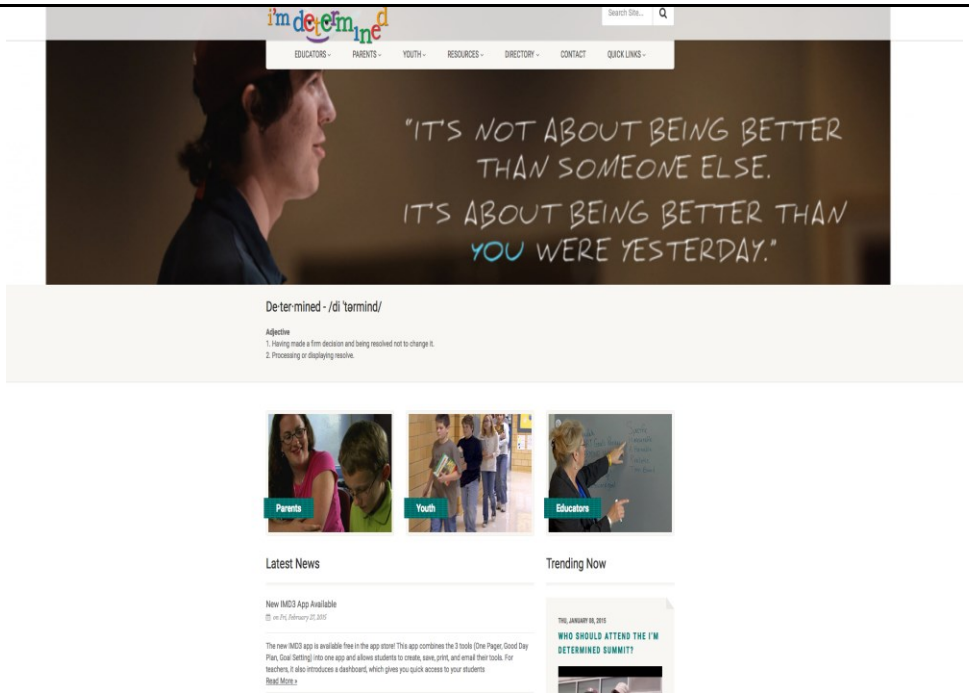
Youth Leadership Forum

Virginia Board for People with Disabilities

- Virginia Board for People with Disabilities
  - Multiple Supporters
- Every other year
- Rising Juniors and Seniors
- On a College Campus
- Week long
  - Advocacy, Policy, Career Development
- Culminates with youth testimony and graduation
- Looking at changes- regional, shorter duration

i'm determined

www.imdetermined.org



A Brief History

2004-2017

- Olmstead Decision
- Virginia's Plan
- Research
- 2006: Creation of I'm Determined
- 2008: 1st Youth Summit
- 2009: 1st Parent Summit
- 2016: 10th Anniversary

1999:The Supreme Court

The MUSCLE!

In the Americans with Disabilities Act of 1990 (ADA), Congress described the isolation and segregation of individuals with disabilities as a serious and pervasive form of discrimination.

42 U.S.C. 12101(a)(2),(5).

VIRGINIA'S RESPONSE

Governor Warner appointed:

The Olmstead Task Force Implementation Team

Self-advocacy Recommendation for VDOE

- Initial Planning Team
  - VDOE
  - T/TAC
  - Dr. Colleen Thoma, VCU
- Fall 2005 Pilot Sites
  - Richmond City- high school
  - Franklin County- high school & middle school
  - Prince Edward- high school
  - Montgomery County- high school

CHANGING COURSE

Driven by Research and Teacher Input

The Model

- Professional Development:
  - Teachers, Youth, & Families
- Materials
  - Teacher Developed & Teacher Tested
- Website

Today

- 70+ School Divisions & SoPs
- 30 States
- 10 Countries
- 10 Youth Summits
- 9 Parent Summits
- 3 MOVE Summits
- 2 State Coordinators

Today

Apps (Free on iTunes)

IMD³ → One Pager
Good Day Plan
Goal Setting

https://itunes.apple.com/us/app/imd3/id932867714?mt=8

IMD Problem Resolution → Problem
Resolution

https://itunes.apple.com/us/app/problem-resolution/id924177272?mt=8

Today

- Enhanced Website
  - Videos
  - Templates
  - Transition Slide Guide
  - Web Apps

One Pager

Good Day Plan

Goal Setting

Problem Resolution

Today

25 Youth Leaders
- Plan & Run Youth Summit
- Speak in VA & beyond

Representation
- Local, State & National boards

Social Media

https://www.facebook.com/imdeterminedvdoe/

@IMD_VDOE

i'm
determined

Choice making
Decision making
Problem solving
Goal setting & attainment
Self-regulation
Self-instruction
Self-advocacy
Internal locus of control
Self-efficacy
Efficacy expectations
Self-awareness and self-knowledge
Self-Determination

Self-Determination & Adult Outcomes

Higher self-determination skills

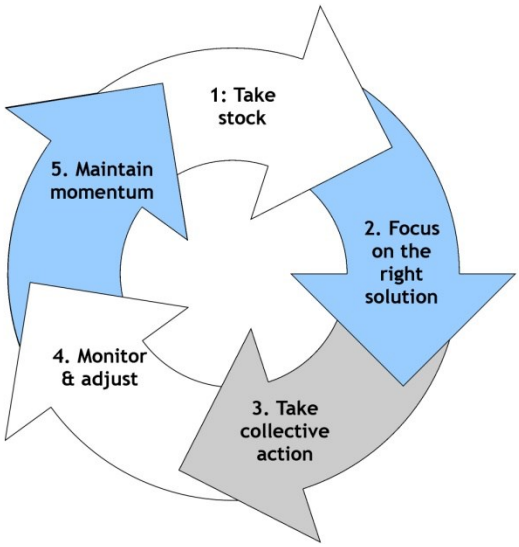
=

Greater likelihood of obtaining post-school employment & experiencing success in adult life

Where do I start?

Options…

- Self-Advocacy
- Disability awareness
- Strength/limitation inventory
- Goal-Setting
- Leadership Opportunities
- Peer Mentorship
- Family Nights



I'm Determined

- Governor Warner and Olmstead in Virginia
- Self-advocacy to the BIG Picture of Self-determination
- From research model to **Teacher Driven**
- Beginning small; 6 local school divisions
- **Website; videos; templates; Apps**- Accessible
- Youth Leaders
  - Training and Support

IMD 360

- **Youth Summit**- Statewide at James Madison University
  - Include Parents- Recognize the power of engaged parents
  - Youth Planned and Facilitated- Supported by Determinators
  - Youth Attendees- 120
- Regional
  - Youth Leaders – Supported by Determinators
- Local or School
  - Youth Leaders
  - Family Nights
  - Supported by Determinators

Parent Education Advocacy and Training Center (PEATC)

PEATC Youth Empowerment (PYE)
Advisory Board for youth 14-26 with and without disabilities

- Empowerment
- Self-advocates
- Successful transition to adulthood
- Active Informed member of your community

– WHY JOIN?
  - Create new friendships
  - Learn or improve your self-advocacy skills
  - Get school and work recommendation letters
  - Gain volunteer hours
  - Visa Gift Card

peatc
PARENT EDUCATIONAL ADVOCACY TRAINING CENTER
Assisting families of children with special needs since 1978

Ms. Keshia yancey@peatc.org or Ms. Tina norris@peatc.org

Other Youth Activities

- Partnership for People with Disabilities and VDOE
  – Inclusion Project
  – Presenting research findings
  – Inclusion Project Guide or Toolkit

www.virginiaselfadvocacy.org

under *Our History Disability Awareness* Tab

State Examples
Wisconsin

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Pam Jenson
TIG Project & Data Coordinator
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SELF-DETERMINATION

- Since research over the past 2-3 decades has shown that self-determination is a critical part of fostering successful transition, **how can we support that**?

From school to success.

THERE'S A NEW APP IN TOWN!

FOR TRANSITION!

WiTransition

From school to success.

AN APP DESIGNED ESPECIALLY TO SUPPORT TRANSITION PLANNING IN WI

- The WDPI and Transition Improvement Grant (TIG) worked with developers who had created a transition planning app for Kansas
- The Wisconsin app was designed to be user-friendly for students and their families to assist in being a strong advocate in the transition planning process.
- The app mirrors the requirements in the Wisconsin Postsecondary Transition Plan (PTP)

From school to success.

LET'S TAKE A LOOK AT THE APP TOGETHER

www.WiTransition.com

http://www.witig.org/

WiTransition

The app is also available in iTunes and the google play store

From school to success.

QUESTIONS?

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NANCY.MOLFENTER@DPI.WI.GOV

PAM JENSON: PAMJENSON@CESA2.ORG

From school to success.

National Secondary Transition COP Meeting

- May 16 (9:00 AM – 12:00 PM)
- Downtown Marriott – Kansas City, MO
- State to State Networking and Planning

https://www.surveymonkey.com/r/BXBBW5T

Capacity Building Institute

- May 16 (2 PM) – May 18 (4:30 PM)
- Downtown Marriott – Kansas City, MO
- Student Focused Planning, Student Development, Family Engagement, Interagency Collaboration, Program Structures
- Focused on state team capacity

NTACT
National Technical Assistance Center on Transition

Contact Information www.pattan.net

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412-826-6864

pennsylvania
DEPARTMENT OF EDUCATION
Bureau of Special Education
Pennsylvania Training and Technical Assistance Network

Commonwealth of Pennsylvania
Tom Wolf, Governor

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